## **Allen Senior Recreation Center**

## March 2016 Lunch Menu

Lunch is \$3 per person and is served at 12pm. You must register for lunch—either in person or by phone—by 9:30a.m. each day. Menu items are subject to change. Taking food home from the meal

Monday	Tuesday	Wednesday	Thursday	Friday
Salad Tuesdays Garden Salad Is available	1 Chicken with Mandarin Orange Salad	2 Baked Potato Bar with broccoli, bacon & cheese	3 Chicken & Dumplings with green beans	4 BLT with chips & fruit
7 Chicken Salad on a croissant and chips	8 Grilled Chicken Caesar Salad	9 Baked Cranberry Chicken with rice & green beans	10 Supreme pizza with side salad	11 BBQ Grilled Chicken on a bun with lettuce & tomato Chips & pickle
14 Ham & Cheese Sandwich w/chips & fruit	15 Beef Taco Salad	16 Chicken Fried steak, mashed potatoes w/gravy, Green beans	17 Pot Pie & Fruit	18 Chicken Spaghetti w/side salad & roll
21 Chicken Lasagna w/side salad	22 Ham & Veggie Pasta Salad	23 Hash Brown Casserole	24 Chicken Stir Fry w/ rice	25 Cowboy Beans & cornbread
28 Cheeseburger Chips Fruit	29 Chicken Nacho Salad	30 King Ranch Chicken Casserole w/chips & salsa, side salad	31 Fish Tacos w/cole slaw	CITY OF ALLEN PARKS & RECREATION

## ALLEN SENIOR RECREATION CENTER Lunch Program Policies

A calendar of menu items will be posted each month. **All menu items are subject to change.** 

- 1. You must register for lunch—either in person or by phone—between 7 am and 9:30 am the day of your request or you may register for the meal one (1) day prior. To register by phone, please call 214-509-4820.
- 2. The kitchen staff and volunteers cannot take money. Please pay for lunch at the front counter and obtain a receipt. This receipt should be given to the staff or volunteer in the kitchen when lunch is picked up. The receipt is only valid for the date the lunch was purchased. No refunds or rain checks on lunches.
- 3. No reservations will be taken after 9:30am. No exceptions.
- 4. Quantities may be limited and may sell out before 9:30am.
- 5. Only one lunch per person may be ordered.
- 6. All meals are encouraged to be consumed on the premises. Taking food home from the meal site is done at your own risk. To go boxes are not available.
- 7. Salad dressing packets are available for pre-paid salads only (one packet per salad). You may purchase additional salad dressing packets for .25 cents.
- 8. In an effort to reduce no-shows please make sure you pay for and pick up the lunch you ordered. The first no-show is a warning. The second no-show will result in the lunch fee charged to your account (you will be unable to register for programs until the account is paid). A third no-show may result in restriction from participation in the lunch program.
- 9. Due to Health Code policies, personal food items can not be held in the kitchen refrigerators. Lunches not picked up by 12:30pm must be discarded.

## **LUNCH IS SERVED AT 12 pm**

\$3 Garden Salad (without chicken) \$4 Grilled Chicken Salad \$4 Meal of the Day



Allen Senior Recreation Center 451 St. Mary Drive Allen, TX 75002 214-509-4820