Allen Senior Recreation Center

August Lunch Menu

Lunch is served at 12pm.
You must register for lunch—either in person or by phone—by 9:30am each day. 214-509-4820
Taking food home from the meal site is done at your own risk.
All menu items are subject to change.
Quantities may be limited and may sell out before 9:30am.

$3 Garden Salad (without chicken)
$4 Meal of the Day or Grilled Chicken Salad

Monday	Tuesday	Wednesday	Thursday	Friday
3 Tilapia Rice Peas	4 Egg Salad on a Croissant Pretzels Fruit	5 King Ranch Casserole Roll	6 Brisket Sandwich Baked Beans Chips	7 Meatball Sub Macaroni Salad
10 Meatloaf Mac n Cheese Green Beans	11 SALADS ONLY	12 Chicken Spaghetti Side Salad Roll	13 Chili Dogs Coleslaw Chips	14 BLT Potato Salad Fruit
17 SHUT DOWN WEEK	18	19	20	21
24 Salad Trio: (Chicken, Pasta, Fruit)	25 Grilled Cheese Sandwich Sweet Potato Fries	26 Hash brown Casserole Roll	27 Baked Potato Bar	28 Cheeseburger French Fries Fruit
31 Spaghetti & Meatballs Side Salad Garlic Toast				

Garden Salad or **Grilled Chicken Salad** available everyday, unless otherwise noted.

Garden Salad: Romaine Lettuce, Tomatoes, Cheese, Cucumbers, Carrots & Hard Boiled Egg

Grilled Chicken Salad: A Garden Salad PLUS Grilled Chicken

ALLEN SENIOR RECREATION CENTER
Lunch Program Policies

A calendar of menu items will be posted each month.
All menu items are subject to change.

1. You must register for lunch—either in person or by phone—between 7 am and 9:30 am the day of your request or you may register for the meal one (1) day prior. To register by phone, please call 214-509-4820.
2. The kitchen staff and volunteers cannot take money. Please pay for lunch at the front counter and obtain a receipt. This receipt should be given to the staff or volunteer in the kitchen when lunch is picked up. The receipt is only valid for the date the lunch was purchased. No refunds or rain checks on lunches.
3. No reservations will be taken after 9:30am. No exceptions.
4. Quantities may be limited and may sell out before 9:30am.
5. Only one lunch per person may be ordered.
6. All meals are encouraged to be consumed on the premises. Taking food home from the meal site is done at your own risk. To go boxes are not available.
7. Salad dressing packets are available for pre-paid salads only (one packet per salad). You may purchase additional salad dressing packets for .25 cents.
8. In an effort to reduce no-shows - please make sure you pay for and pick up the lunch you ordered. The first no-show is a warning. The second no-show will result in the lunch fee charged to your account (you will be unable to register for programs until the account is paid). A third no-show may result in restriction from participation in the lunch program.
9. Due to Health Code policies, personal food items can not be held in the kitchen refrigerators. Lunches not picked up by 12:30pm must be discarded.

LUNCH IS SERVED AT 12 pm

$3 Garden Salad (without chicken)
$4 Grilled Chicken Salad
$4 Meal of the Day

CITY OF ALLEN

Allen Senior Recreation Center
451 St. Mary Drive
Allen, TX 75002
214-509-4820

PARKS & Recreation