Camp Schedule

June 10- August 23,2013

June 10-14
June 17-21
**June 25-28
**NO SKATING JUNE 24

**July 1-5

**No CAMP JULY 4

July 8-12

**July 15-19

**SKATING ENDS AT 12:45PM

July 22-26

July 29-Aug 2

Aug 5-9 Aug 12-16 Aug 19-23



Allen Community Ice Rink

Summer Figure Skating Camp

June 10-August 23,2013

Call 972-912-1097 for more information or visit our website at www.allenparks.org
Or
Cambria Jones
Figure Skating Manager
cjones@alleneventcenter.com





Allen Community Ice Rink Summer Advanced Figure Skating Camp





Allen Community Ice Rink

200 E. Stacy Rd #1350 Phone: 972-912-1097 Fax: 972-678-4664

Www.alleneventcenter.com

Daily Schedule

ON ICE SCHEDULE

M/W/F

7:30-8:45am * Freestyle (high)

8:45-10:15am * Freestyle (high / mid)

10:15-10:30am Ice Cut

10:30-11am Field Moves Session
11-11:30am On Ice Class (All level)
11:30-1pm Freestyle (All level)

T / TH

7:30-8:45am * Freestyle (high)

8:45-10:15am * Freestyle (high / mid)

10:15-10:30am Ice Cut

10:30-11am Field moves Session
11-11:25am Power stroking (high)
11:25-11:45am Power stroking (mid/Low)

11:45-1:15pm Freestyle (All level)

Off ICE SCHEDULE

Monday/Wednesday / Friday— Conditioning Tuesday/Thursday— Yoga or Jumps & Stretch

9:30-10:15am Low / Mid

11:45-12:45 pm Mid / High
** Class will begin at 11:50am on T/Th

Running shoes, foam roller, & yoga mat are required for all off ice classes.

Definition of levels:

* High = passed pre juvenile field move test *Mid = landing lutz / working on axels *Low = All levels

Daily Session Packages

Red Session: High level only

2.5 Hrs Freestyle

On Ice Class 11am

60 minute off ice class 11:45am

White Session: High level

1.5 hrs Freestyle

On Ice Class 11am

Off Ice Class 11:45am

White Session: Mid level

1.5 hrs Freestyle

On Ice Class M/W/F 11am

T/H 11:25am

Off Ice Class 9:30am or 11:45am

Blue Session: Mid / Low level Only

1.0 hr Freestyle

On Ice Class M/W/F 11am

T/H 11:25am

Off Ice Class 9:30am or 11:45am

Prices

A la Carte	
All On Ice Classes	\$10
45 min off ice class	\$10
60 min off ice class	\$15
Freestyle	\$10/hr
Field move Session	\$5/day
***Field move sessions are paid	

***Field move sessions are paid separately and are not included in any package ***

Discount Packages

Visits must be used during the same week (Sunday—Saturday)

	RED	White High	White Mid	Blue
5 days	\$188	\$150	\$132	\$112
4 days	\$160	\$128	\$112	\$ 96
3 days	\$128	\$102	\$ 90	\$ 77
2 days	\$ 90	\$ 81	\$ 66	\$ 54
1 day	\$ 50	\$ 40	\$ 35	\$ 30



