

# Allen Senior Recreation Center



November 2009



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>2</b> 9:30-10:30 AFEP 9:30-12:30 Ceramics* 10-11 Master of Memory* 10:30-11:30 Open Exercise 10:30-3 Mah Jongg 12:30-4 Open Crafts 2-3 Tai Chi* —NEW* 2-3:30 Piano Classes-NEW*	<b>3</b> 8:45-9:45 Silver Sneakers 9:30-4 Choctaw* 10-11 Dance Lessons-NEW 10-12 Chess Club 10:30-12:15 Karaoke 12:30-1:15 Inter. Line Dance* 12:30-2:30 "42", Hand & Foot 12:30-1:30 Sing Along Time 1:30-3:30 Modeling Club 3-4 Line Dance* 5-7 Card Party*	<b>4</b> 9-10 Collectors Club 9:30-10:30 AFEP 10-11 Skip Bo 10-11 NEW Yoga-Living Well* 10:30-11:30 Open Exercise 11-12 Downsizing* 12:30-2:30 Dance to the Disc 12:30-2:30 Pinochle 1-4 "Social" Bridge 2-3 Tai Chi *	<b>5</b> 8:30-9:30 Walking Club* 9:30-12 Bridge Club 9:30-10:30 Line Dance* 10-11:30 Texas Wildscapes* 12:30-1:30 Volunteer Meeting* 12:30-1:15 Inter. Line Dance* 12:30-2:30 Mexican Train 5-7 Cash Bingo	<b>6</b> 7:30-9:30 Birthday Breakfast 9:30-10:30 AFEP 9:30-11:30 Bridge Lessons* 10:30-11:30 Open Exercise 10:30-11:30 Farkle Lessons* 10:30-3 Mah Jongg 11-12 Senior Select L&L* 12:30-4 Open Crafts 1-4 Social Bridge	<b>7</b> <b>Open 8am-1pm</b> 9-10:15 Yoga-NEW 9-11 Watercolor* 9:30- Chess Lessons
<b>9</b> 8:30-11 Veterans Day Coffee <u>Cancelled: AFEP, Open Exercise</u> 9:30-12:30 Ceramics* 10-11 Master of Memory(ends)* 11-12 Computer Talk* 11-3 Mah Jongg (time change) 12:30-4 Open Crafts 2-3 Tai Chi* 2-3:30 Piano Classes*	<b>10</b> 8:45-9:45 Silver Sneakers 10-12 Chess Club 10-11 Dance Lessons* 10:45 St Jude 10:30-12:15 Karaoke 12:30-1:15 Inter. Line Dance* 12:30-2:30 "42", Hand & Foot 12:30-1:30 Sing Along Time 1:30-3:30 Modeling Club 3-4 Line Dance* 5-7 Cash Bingo	<b>11</b> <u>Cancelled: Open Exercise, Dance to the Disc</u> 9-10 Collectors Club 9:30-10:30 AFEP 10-11 Skip Bo (Dining room) 10-11 Yoga-Living Well* 10:30-11:45 Music w/ Murray* 11:15-12 Veteran's Benefits* 12:30-1:30 Sudoku w/ Murray* 12:30-3 Decorative Painting* 12:30-2:30 Pinochle (Dining room) 1-4 "Social" Bridge 2-3 Tai Chi *	<b>12</b> 8:30-9:30 Walking Club* 9:30-10:30 Line Dance* 9:30-12 Bridge Club 10-11 CCCoA* 11-12 Biltmore Meeting* 12:30-1:15 Inter. Line Dance* 12:30-2:30 Mexican Train 5-7 Cash Bingo	<b>13</b> 9:30-10:30 AFEP 9:30-11:30 Bridge Lessons* 10:30-11:30 Open Exercise 10:30-3 Mah Jongg 10:30-11:30 Farkle Lessons* 11-12 Arthritis L&L* 12:30-2 Bus Rider Outing* 12:30-4 Open Crafts 1-4 Social Bridge	<b>14</b> <b>Open 8am-1pm</b> 9-10:15 Yoga* 9-11 Watercolor* 9:30-11:30 Chess Lessons*
<b>16</b> 9:30-10:30 AFEP 9:30-12:30 Ceramics* 10:30-11:30 Open Exercise 10:30-3 Mah Jongg 11-12 Extended Trip Meeting* 12:30-5 AARP Driver Safety* 12:30-4 Open Crafts 1-2 Genealogy Club* 2-3 Tai Chi * 2-3:30 Piano Classes*	<b>17</b> 8:45-9:45 Silver Sneakers 10-12 Chess Club 10-11 Dance Lessons* 10:30-12:15 Karaoke 12:30-1:15 Inter. Line Dance* 12:30-2:30 "42", Hand & Foot 12:30-1:30 Sing Along Time 1:30-3:30 Modeling Club 3-4 Line Dance* 5-7 Card Party*	<b>18</b> <b>11-1 Thanksgiving Lunch*</b> <u>Cancelled- AFEP, Open Exercise, Dance to the Disc</u> 9-10 Collectors Club 10-11 Skip Bo (Dining Room) 10-11 Yoga-Living Well* 12:30-3 Decorative Painting* 1-2:30 Pinochle-Dining Room 1-4 "Social" Bridge-Dining Room 2-3 Tai Chi*	<b>19</b> 8:30-9:30 Walking Club* 9:30-10:30 Line Dance* 9:30-12 Bridge Club 11-12 GeriMed L&L* 12:30-1:15 Inter. Line Dance* 12:30-2:30 Mexican Train 5-7 Cash Bingo 5-8 Bridge	<b>20</b> 8:30-3:30 Cowboys Stadium Tour* 9:30-10:30 AFEP 9:30-11:30 Bridge Lessons END* 10:30-11:30 Fresh Floral* 10:30-11:30 Farkle Lessons* 10:30-11:30 Open Exercise 10:30-3 Mah Jongg 12:30-4 Open Crafts 1-4 Social Bridge	<b>21</b> <b>Open 8am-1pm</b> 9-10:15 Yoga* 9-11 Watercolor* 9:30-11:30 Chess Lessons END*
<b>23</b> 9:30-10:30 AFEP 9:30-12:30 Ceramics* 10-4 Red Museum Trip* 10:30-12 Computer Talk* 10:30-11:30 Open Exercise 10:30-3 Mah Jongg 12:30-4 Open Crafts	<b>24</b> 8:45-9:45 Silver Sneakers 10-12 Chess Club 10:30-12:15 Karaoke 12:30-1:15 Inter. Line Dance* 12:30-2:30 "42", Hand & Foot 12:30-1:30 Sing Along Time 1:30-3:30 Modeling Club 3-4 Line Dance* 5-7 Cash Bingo	<b>25</b> 9-10 Collectors Club 9:30-10:30 AFEP 10-11 Skip Bo 10:30-11:30 Open Exercise 12:30-2:30 Dance to the Disc 12:30-3 Decorative Painting* 12:30-2:30 Pinochle 1-4 "Social" Bridge	<b>26</b> <p style="text-align: center;"><b>CLOSED</b></p> <p style="text-align: center;"><b>Happy Thanksgiving</b></p>	<b>27</b> <p style="text-align: center;"><b>CLOSED</b></p>	<b>28</b> To Be Determined  Hours not available at printing
<b>30</b> 9:30-10:30 AFEP 9:30-12:30 Ceramics* 10:30-11:30 Open Exercise 10:30-3 Mah Jongg 12:30-4 Open Crafts 2-3 Tai Chi * 2-3:30 Piano Classes*			Allen Senior Recreation Center 451 St Mary Dr. Allen, Texas 75002 214-509-4820 www.allenparks.org	<u>Operation Hours:</u> M/W/F 7am-5pm T/Th 7am-8pm Saturday 8am-1pm  Last updated: 10/14/09	All activities with an asterisk * require pre-registration.  Schedule subject to change.