



## ALLEN ADULT HOCKEY LEAGUE

Instructional Division

The Instructional Division (AAHL I) is designed for individuals with minimal ice hockey experience who want to develop their general hockey skills and improve their team play. Division emphasis will be to teach the basic skills and concepts of hockey: skating, stick-handling, shooting, passing, stick-checking, angling, positioning, and breakouts.

### Age Requirements:

- All players must be 21 years of age or older

### Cost:

- The cost for players is **\$279**
- The cost for goalies is **\$150**
- Registration will open 3 weeks before a new session for all players.
- Registration will close after the Evaluation Session
- Payment must be made at time of registration.
- Forms are available online at [www.cityofallen.org/acir](http://www.cityofallen.org/acir)

### The program will include:

- Games are played primarily on Thursday evenings
- 1 Evaluation Session
- 1 Practice Session
- 10 Games
- 2 Playoff games
- Three twelve (12) minute periods + 3 x 3, 5-minute run time overtime period if needed. Game will end in a tie if no goal is scored.
- All new players who register plus players who are made to change teams to make the teams of equal skill will receive a new jersey.
  - Jerseys are ordered in sizes of 2 medium, 4 large, 5 X Large and 5 XX Large.

### Roster:

- Teams will be limited to 15 players and 1 goalie.
- The AAHL I Division will be limited in teams and rosters will be filled on an individual first come, first served basis.
- All players must register through current USA Hockey membership at the time of registration.

Forms are available online at [www.cityofallen.org/acir](http://www.cityofallen.org/acir).

I league evaluations skates require all players to bring a light and dark jersey to the skate. Please show up early to complete your check in process.

If you have any questions about the Allen Adult Hockey League, please feel free to contact us directly by email at [ACIR-info@alleneventcenter.com](mailto:ACIR-info@alleneventcenter.com) or by phone at 972.912.1097 or [JMcManaman@cityofallen.org](mailto:JMcManaman@cityofallen.org) or by phone 972.912.1092.





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### Current USA Hockey Registration Instructions for Players

- 1.) Go to USA hockey and register for the current season -<http://www.usahockeyregistration.com/>
- 2.) Complete the USA Hockey registration process for **Ice Players & Coaches**
- 3.) Once you have completed the registration process write down your USA Hockey confirmation number and/or print the screen. You will need this to register for an Allen Adult Hockey League (include on registration form).

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