



# 8U CROSS-ICE

## INTRODUCTORY PROGRAM

### 2020-2021 FALL/WINTER

### IMPORTANT DATES & TIMES

**Fall Season:** September 19 - December 19

**Winter/Spring Season:** January 10 - March 21

**Practice:** Saturdays @ 2:00 p.m.

**Cross-Ice Games:** Sundays @ 11:45 a.m.

### ON-ICE TIME

22 Practice Hours

18 Game Hours

**40 Total Hours On-Ice\***

\*Pending weather related issues.

### CORE PROGRAM ELEMENTS

- Three evaluation skates for player Long Term Athletic Development records
- 7 Pillars curriculum/Long Term Athletic Development plan including individual player assessment with written evaluations at the completion of both seasons
- USA Hockey CEP certified coaches
- USA Hockey SafeSport certified coaches, volunteers and locker room monitors

### EXTRAS

- Hockey Institute of Allen jersey
- Opportunity to purchase Team/individual photo packages
- Experience opportunities with the Allen Americans, affiliate of NHL Minnesota WILD
- Jr. Americans Newsletter
- Fall and Winter Champions Cup Championship

### FEES

- \$900 per player (flexible payment plans available)

### REGISTRATION

Register in person at Allen Community Ice Rink. You can also print the registration form to bring with you at [LifeInAllen.org/ACIR](http://LifeInAllen.org/ACIR). Remember: you will need the player's USAH 2020-2021 number to register.